PRINCIPAL’S MESSAGE

October is a month that brings thanks and a sense of being a child again with the celebration of Hallowe’en.

We are continuing to talk about our School Motto for this year every day on the announcements and in our classes. Our Motto is “I am because we are!” together we are a community.

Our Grandfather Teaching focus for the month will continue to be RESPECT. Each day students are reminded of this teaching through a quote: Respect means that we give to others and Respect means to have balance between ourselves and others.

We will be continuing with our Eat Together lunches in the gym for the entire school with a focus on Respect through being ‘thankful’ for all that we have in our lives. More information will come later in the month.

Volunteer Reading Program, a newsletter came home on Sept 25th asking for parents to sign-up to support our reading program here at VMPS. If you have time in your week to spare, please think about us; we are only asking for 1hr for one day a week. Contact Mr. Shea for more details.
As always, please contact me if you have questions or concerns.

Nicholas Shea
Principal

SCHOOL COUNCIL 2019-2020

The first meeting and elections for the upcoming school year’s School Council were held on Tuesday September 24th. The 2019-2020 council consists of:

Chair – Jackie Robinson
Co – Chair – Ashley Tyms
Secretary – Suzanne Fallis & Rotating
Treasurer – Stacey Rennie

Tentative Meetings are Scheduled for:
Monday October 7th
Monday November 4th
Monday February 3rd
Monday April 6th

Meetings will be starting at 5:30 p.m.
ALL ARE WELCOME

BEING AT SCHOOL ON TIME IS IMPORTANT – LET’S DO IT!

Supervision on the school yard begins at 8:15. Students are expected to line up with their classmates on the yard and enter the school together at the 8:30 bell. Thank you!

Register now for Free Parent Conference October 19

Now is your chance to register for KPR’s free, annual Parent Conference, featuring internationally renowned resilience researcher Dr. Michael Ungar!

Registration continues until October 11 at www.kprschools.ca for:

2019 Parent Conference
The Risk-Taker’s Advantage: How to Make Kids More Resilient by Not Bubblewrapping Them

Saturday, October 19
9 a.m.-11:30 a.m.
Port Hope High School, 130 Highland Dr., Port Hope

With Keynote Speaker: Dr. Michael Ungar

Plus light refreshments, child minding for ages 2 & older, & booths by agencies serving families

Don’t miss this rare opportunity to hear Dr. Michael Ungar, a funny and engaging speaker who is considered one of the top experts on resilience in Canada and internationally.

It’s all FREE. If you need assistance, have questions or if there are accommodations that would make the conference more accessible for you, please call 705-742-9773 or toll-free 1-877-741-4577, ext. 2001, or email judy_malfara@kprdsb.ca

DAILY SCHEDULE

<table>
<thead>
<tr>
<th>Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:15</td>
<td>Yard Supervision Begins</td>
</tr>
<tr>
<td>8:30</td>
<td>Entry Bell</td>
</tr>
<tr>
<td>8:30-10:30</td>
<td>First Instructional Block</td>
</tr>
<tr>
<td>10:30-11:10</td>
<td>First Nutritional Break</td>
</tr>
<tr>
<td>11:10-12:40</td>
<td>Second Instructional Block</td>
</tr>
<tr>
<td>12:40-1:20</td>
<td>Second Nutritional Break</td>
</tr>
<tr>
<td>1:20-2:50</td>
<td>Third Instructional Block</td>
</tr>
<tr>
<td>2:50</td>
<td>Dismissal Bell</td>
</tr>
</tbody>
</table>

ADMINISTERING MEDICATION

As per the Board’s Policy Code: ES-1.5, we must have an “Administering Medication Form” completed by a parent/guardian in order for the school to administer any medication. Please contact the office for further information.
**PLAN OF CARE MEDICAL INFORMATION**

Students with any potentially life threatening illnesses or medical conditions should have received a ‘Plan of Care’ information package from the school. If you have not already done so please complete and return this information package to the school as per instructions enclosed. Please contact our Special Education Resource Teacher (SERT) Ms. deVries, at the school should you have any questions or require more information.

**PROGRESS REPORTS**

Progress reports will be distributed on November 7th. This progress report outlines the learning students have been doing in the last two months. This is an opportunity for you and your child to reflect on the progress that has been made at this time and to use the next steps to support their learning in the coming months. There are no marks/grades assigned at this time.

**POLICE RECORD CHECKS FOR VOLUNTEERS & FIELD TRIP SUPERVISORS**

The Kawartha Pine Ridge District School Board requires volunteers to complete an annual criminal background check which must include a vulnerable sector screening. This can be done at Durham Regional Police, Clarington, East Division, located on Hwy 2 west at the corner of Maple Grove Rd. Please pick up a letter at the school office to take with you when you request your police check.

Thank you for being a volunteer! We always need you and appreciate your help!

**CROSSING GUARD SCHEDULE**

<table>
<thead>
<tr>
<th>King/Simpson</th>
<th>Liberty/Church</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-8:30</td>
<td>8:00-8:30</td>
</tr>
<tr>
<td>12:40-12:50</td>
<td>12:40-12:50</td>
</tr>
<tr>
<td>1:00-1:10</td>
<td>1:00-1:10</td>
</tr>
<tr>
<td>2:50-3:10</td>
<td>2:50-3:10</td>
</tr>
<tr>
<td>Mearns/Soper</td>
<td></td>
</tr>
<tr>
<td>7:50-8:15</td>
<td></td>
</tr>
<tr>
<td>12:45-12:55</td>
<td></td>
</tr>
<tr>
<td>1:00-1:10</td>
<td></td>
</tr>
<tr>
<td>3:00-3:25</td>
<td></td>
</tr>
</tbody>
</table>

**CROSS-WALK RULES**

Please make sure that you and your children cross at the designated crosswalks. When you do, it teaches them good safety awareness. This includes our crosswalks at Church and Liberty and the Bowmanville Mall at the lights in addition to the new crosswalk at the school.

**ALLERGY ALERT**

We have many children and staff at our school with allergies that can make them very sick as well as those that are life threatening. As a result we have declared ourselves as a Peanut/Nut/Flax/Scent safe zone.

To ensure students and staff are in a safe environment, we ask that food containing peanuts/nuts/flax not be sent to school. For those students and staff who may use soy butter as a protein substitute for peanut butter, we ask that soy butter products be clearly labeled as such in lunches. This will ensure students and staff who are allergic to peanuts/nuts will not feel uncomfortable around soy products which are similar in appearance.

Please refrain from using strong shampoos, deodorants, and perfumes.

Thank you for ensuring that we provide a safe school environment for our students and staff.
VOLUNTEER FORMS

Are you interested in volunteering at our school? If you are, and if you have a valid criminal record check, we would love for you to join our team of fabulous helpers! Please fill out the attached form indicating your preferences and strengths and we will contact you based on student need. If you do not have a valid criminal record check, please come to the office and ask us for the paperwork to get you started.

LUNCH LADY

This year the Lunch Lady comes every Thursday.

SNACK PROGRAM UPDATE

Our snack program is up and running 5 days per week. The snack program ensures all students will have the opportunity to receive a portion controlled nutritious morning snack. This program serves all students regardless of need to remove the social stigma from those who may depend on it for nutrition. Students enjoy trying new foods with their friends and classmates and may be more adventurous in a group than they would be trying foods at home on their own!

The VMPS Snack Program is completely dependent on volunteers! We are lucky to have a great core group of volunteers but we need a couple more to ensure the program continues smoothly. Our volunteers generally assist from 8:30 to 11:00 am one day a week. With notice we are easily able to schedule around shifts and family obligations. Our volunteer group has a lot of fun together and it’s always nice for young students to see their parents/grandparents/guardians volunteering in the school.

If you are interested in volunteering, contact Christine Williams at crwilliams137@gmail.com

AMAZING DONATION TO OUR NUTRITION PROGRAM!

We would like to recognize Jeff and Charlene Griffin and thank them for the donation of close to $900 towards our Nutrition Program. They gave freely of their time and energy to organize a community BBQ to raise these funds and we thank them for this.

BUS SAFETY

Please insure that you and your child do not walk between the busses as they are parked in our parking lot during am and pm bussing times.

JUNIOR SOCCER

Congratulations to the junior soccer team! The day started and ended with rain which never dampened their spirits one bit! They played 3 games in the round robin play coming away with a win, a tie and a loss. They went on to play their first game in the finals coming away with another win! Unfortunately, they had to cancel the last game due to weather. Thank you to all the families who came out to support and cheer us on!